

COMPREHENSIVE WOMEN'S CARE  
401A S. VAN BRUNT STREET  
ENGLEWOOD, NJ 07631  
201-871-4346 Fax: 201-871-5953

**PRE LASER TREATMENT INSTRUCTIONS**

No Waxing, Electrolysis, Tweezing or depilatory creams 6 weeks prior to laser treatment.

No self-tanners 4-6 weeks prior to treatment.

No Retin A, Renova, Glycolics or hydroquinone 2 weeks prior to treatment.

No perfumes, deodorant, or lotions the day of treatment.

No jewelry is to be worn.

Avoid tanning or sun exposure 2-3 months prior to treatment.

Use sunscreen (SPF 15-30) on exposed areas 4-6 weeks prior to treatment.

Must be off Acutane at least 6 months.

Any history of Herpes or cold sores can be treated with an antiviral medication pre/post treatment to reduce activation.

Shave the entire area being treated the day before or the morning of the treatment.

Wear comfortable, loose fitting clothing. NO BLACK CLOTHING.

Apply Emla or topical anesthetic cream 60-90 minutes prior to treatment to minimize discomfort.